



# Health and Social Care Protocol

## Easy Guide to Booking on the Health and Social Care Protocol Training Programme's

### Core Generic Full Day Programme

1. Apply steroid based creams at above 1%.
2. When prescribed by a GP or Nurse Practitioner apply creams or lotions to the skin when a pad management system is in use by individuals with incontinence.
3. Assist with base line charting of urinary incontinence initiated with carers in order to identify appropriate care.
4. Monitor the condition of the skin where there is a risk of pressure ulcers developing and refer to a health worker if required (specific to care homes).
5. Assist individuals to eat who are at risk of choking and where the risk is managed by a standard plan of care (e.g. thickened fluids, softened diet).
6. Use of NHS provided equipment to lower the risk of pressure sores.

#### Includes:

- Core Skills 1-6 in Training Passport
- Provision of knowledge and skills
- Opportunity to practice skills
- Assessment of delegated care tasks
- Signed off delegated care tasks

#### This course is for:

- Social care workers who haven't previously received training in the core generic delegated healthcare tasks.

### Core Generic Half Day Sign Off Programme

1. Apply steroid based creams at above 1%.
2. When prescribed by a GP or Nurse Practitioner apply creams or lotions to the skin when a pad management system is in use by individuals with incontinence.
3. Assist with base line charting of urinary incontinence initiated with carers in order to identify appropriate care.
4. Monitor the condition of the skin where there is a risk of pressure ulcers developing and refer to a health worker if required (specific to care homes).
5. Assist individuals to eat who are at risk of choking and where the risk is managed by a standard plan of care (e.g. thickened fluids, softened diet).
6. Use of NHS provided equipment to lower the risk of pressure sores.

#### Includes:

- Core Skills 1-6 in Training Passport
  - Assessment of delegated care tasks
  - Signed off delegated care tasks
- \*This course will not include any teaching element

#### This course is for:

- Social care workers who have previously received training in the core generic delegated healthcare tasks and require an assessment and sign off for the delegated tasks.

### Generic Full Day Programme A

7. Manage stoma, colostomy, ileostomy and urostomy care systems.
8. Check stoma, colostomy, ileostomy, urostomy care systems, recognise and report any concerns to a health worker.
9. Administer eye/ear drops, for individuals that need artificial tears or medication except pre or post operatively.
10. Help individuals to put on surgical stockings.
11. Reapply simple dressings in an emergency and as a short term measure until the health worker can be contacted. i.e. when dressing becomes dislodged.
14. Undertake blood sugar finger prick test for diabetics where included in their plan of care and take appropriate follow up action.

#### Includes:

- Generic Skills 7-11 & 14 in Training Passport
- Provision of knowledge and skills
- Opportunity to practice skills
- Assessment of delegated care tasks
- Signed off delegated care tasks

#### This course is for:

- Social care workers who haven't previously received training in the core generic delegated healthcare tasks.

### Generic Half Day Programme B

12. Assist the individual to access their oxygen in accordance with their plan of care.
13. Assist individuals to use a nebuliser in accordance with their plan of care.

#### Includes:

- Generic Skills 12-13 in Training Passport
- Provision of knowledge and skills
- Opportunity to practice skills
- Assessment of delegated care tasks
- Signed off delegated care tasks

#### This course is for:

- Social care workers who haven't previously received training in the core generic delegated healthcare tasks.

If you have not already ordered training passports for your staff, please email:  
[hscpassports@leicspart.nhs.uk](mailto:hscpassports@leicspart.nhs.uk)