NIHR | National Institute for Health and Care Research

NHS Leicestershire Partnership NHS Trust

ENRICH

ENabling Research In Care Homes

What is ENRICH?

ENRICH is a national database that brings together care homes, care home staff, residents, and their families with researchers. Research in care homes could involve completing a survey, joining a group discussion or testing a new device. ENRICH is part of the National Institute for Health and Care Research (NIHR) which is the largest funder for health and social care research in England.

Leicestershire Partnership NHS Trust have experience of supporting Care Homes in Leicester, Leicestershire and Rutland to engage in research. We supported the Falls in Care homes research study (FiNCH).
The study trained care homes staff in the Guide to Action for Care homes (GtACH) toolkit, which included training resources, case studies and a list of actions to prevent falls in care homes. The GtACH programme reduced falls by 43%, and did not affect residents' activity or dependence levels.

How can ENRICH help you?

- Improve quality of life and wellbeing for your residents.
- Provide learning and development opportunities for staff.
- Give residents the opportunity to take part in research.
- Increased staff retention.
- Have the opportunity to make a change and guide best practice.
- Help to raise standards.
- Support learning about the ageing population and the challenges they face.

How to get involved:

Contact **Debbie Glancy** (Enrich Link for LLR) for further information on how your care home can be involved in ENRICH

deborah.glancy1@nhs.net

07771 843199



Debbie Glancy
ENRICH Link for LLR

- **Project management**
- **Research governance**
- **Setting up research studies in care homes**
- **Discussing research studies with care home residents and their families**
- **Receiving informed consent from research participants**
- **Collecting research data**



Joanna McGarr

- **Setting up research studies in care homes**
- **Discussing research studies with care home residents and their families**
- **Receiving informed consent from research participants**
- **Collecting research data**



Sophie Cairns

- **Setting up research studies in care homes**
- **Discussing research studies with care home residents and their families**
- **Collecting research data**



Karishma Joshi

- **Reviewing research governance and ethical approvals**
- **Confirming capacity and capability for research**
- **Providing research support and advice to LPT staff**
- **Supporting Patient and Public Involvement in Research**



Joanne Edgar

- **Discussing research studies with care home residents and their families**
- **Supporting staff to deliver studies within care homes**
- **Supporting with research finances**

Get in touch!

Debbie Glancy: 07771 843199 | **lpt.researchdelivery@nhs.net** | **https://enrich.nihr.ac.uk/**